

DVIDA American Smooth Gold Syllabus Figures

	Waltz	Foxtrot	Tango	V. Waltz
Intermediate Gold	<ol style="list-style-type: none"> 1. Shadow Switching Spirals 2. Hinge to Shadow 3. Shadow Running Telemark 4. Syncopated Pivots 5. Left Side Grapevine & Spiral 	<ol style="list-style-type: none"> 1. Left Side Grapevines & Weave 2. Continuous Hairpins 3. Passing Changes 4. Hinge & Free Spin to Shadow 5. Shadow Switching Grapevine 	<ol style="list-style-type: none"> 1. Double Ronde to Shadow 2. Shadow Viennese Crosses 3. Promenade Taps & Right Side Curl 4. Fallaway to Hammerlocks 5. Left Side Check 	<ol style="list-style-type: none"> 1. Swivel & Ronde 2. Canter Pivots 3. Reverse Turns with Free Spins 4. Shadow Passing Right Turns 5. Right Side Ronde & Develope'
Full Gold	<ol style="list-style-type: none"> 6. Contra Check & Ronde 7A. Standing Spin 7B. Standing Spin Alternative Ending 8. Wrap Around & Hairpin 9. Overturned Shadow Right Turns 10. Develope' & Double Ronde 	<ol style="list-style-type: none"> 6. Advanced Gem 7. Lock & Lunge 8. Oversway & Ronde to Shadow 9. Whisk & Weave 10. Shadow Hairpins 	<ol style="list-style-type: none"> 6. Pivots to Shadow Switches 7. Shadow Corte' & Fallaway 8. Stalks to Skater's Waltz 9. Oblique Line to Waist Wrap 10. Teleronde to Throwaway Oversway 	<ol style="list-style-type: none"> 6. Shadow Canter Grapevines 7. Horse & Cart 8. Barrel Turns 9. Roll In & Out 10. Advanced Standing Spin